

**EVOCARDIO**

# Renegade Air Runner ARUN100

## THE ULTIMATE TRAINING TOOL

Incorporate a new dimension into your training with the curved treadmill Air Runner ARUN100.

The completely self-powered, manual ARUN100 offers a one-of-a-kind workout experience that requires zero electricity. Feel the freedom of this totally manual treadmill while running or walking on the unique curved running surface where you are the motor.

The Air Runner ARUN100 challenges the entire body while burning up to 30% more calories than any other treadmill.

High intensity intervals are made easy when there are no buttons to reach for to increase or decrease speed; this also makes for quick transitions during group training.

## NO MOTOR CURVED DECK UNLIMITED SPEED

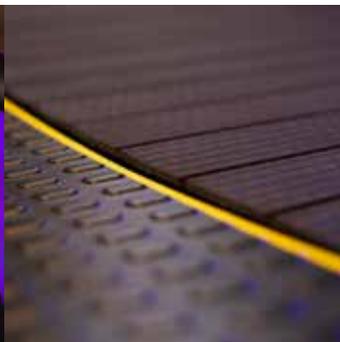


The non-motorized ARUN100 is made possible by the running surface. The Slat Belt system is near frictionless, which allows the belt to glide smoothly. Combine that with an innovative curved running surface and suddenly users are able to control their pace at will. To speed up, simply start running, to slow down, allow yourself to drift down the curve. It is all about body position and gravity.

No need to push a button and wait for the treadmill to speed up. As a user takes longer strides up the curved belt, the speed increases, and as the user simply drifts back towards the rear, the speed decreases.



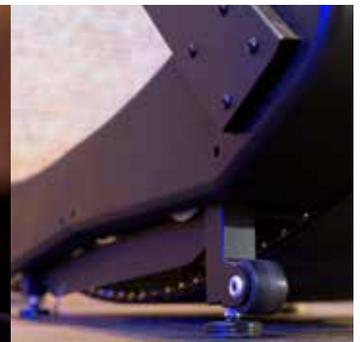
4 sections of manual control, allowing the user to choose the required feel of the run pace.



Curved running surface with anti-slip durable rubber slats



Large LCD screen displays 5 workout readouts including speed, time, distance, calorie & pulse



Anti-slip adjustable self-leveling footstops

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## CONSOLE

<b>Screen</b>	Large LCD screen displays 7 workout modes including 20/10,20/30, custom intervals, 4 target settings
<b>Feedback</b>	Time, distance, calories and pulse
<b>Heart rate monitoring</b>	Built-In Polar wireless heart rate receiver to monitor your heart rate precisely.
<b>Power supply</b>	Console powered by AA LR6 / 1.5V battery (4 pcs)

## DIMENSIONS

<b>Running surface</b>	L 160 x W 48 cm, curved
<b>Product in use</b>	L 183 x W 93 x H 158 cm
<b>Carton</b>	N/A
<b>Net/Gross weight</b>	158 kg / 198 kg
<b>Max. user weight</b>	150 kg